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What is claimed is:

1. A data transmitting and receiving system comprising a data transmitting apparatus and a data receiving apparatus,

said data receiving apparatus having a reader for reading a recording medium with a recorded ID and control means;

said control means comprising means for controlling said reader to read a program and/or data from said recording medium and executing the program and/or processing the data if an ID designated by data received by said data receiving apparatus agrees with the ID of said recording medium which is read by said reader.

2. A data transmitting and receiving system according to claim 1, wherein said control means comprises:

means for stopping executing said program and playing back the received data if an instruction to stop said program is detected in said program while said program is being executed.

3. A data transmitting and receiving system according to claim 1, wherein said control means comprises:

means for temporarily stopping executing said program and playing back the received data if an instruction to stop said program is detected in said program while said program

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is being executed, confirming whether the received data being played back contains an instruction to end the execution of said program which is being temporarily stopped or not, ending the execution of said program which is being temporarily stopped if the received data being played back contains an instruction to end the execution of said program, and resuming the execution of said program if the received data being played back does not contain an instruction to end the execution of said program.

4. A data transmitting and receiving system comprising a data transmitting apparatus and a plurality of data receiving apparatus,

each of said data receiving apparatus having a reader for reading a recording medium with a recorded ID and control means;

said control means comprising means for controlling said reader to read a program and/or data from said recording medium and substantially simultaneously starting to execute the program and/or process the data if an ID designated by data received by each of said data receiving apparatus agrees with the ID of said recording medium which is read by said reader.

- 5. A data receiving apparatus having a data reception function, comprising:
 - a reader for reading a recording medium having an ID

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specifying itself; and

control means for controlling said reader to read a program and/or data from said recording medium and executing the program and/or process the data if an ID designated by received data agrees with the ID of said recording medium which is read by said reader.

6. A data receiving apparatus according to claim 5, wherein said control means comprises:

means for stopping executing said program and playing back the received data if an instruction to stop said program is detected in said program while said program is being executed.

7. A data receiving apparatus according to claim 5, wherein said control means comprises:

means for temporarily stopping executing said program and playing back the received data if an instruction to stop said program is detected in said program while said program is being executed, confirming whether the received data being played back contains an instruction to end the execution of said program which is being temporarily stopped or not, ending the execution of said program which is being temporarily stopped if the received data being played back contains an instruction to end the execution of said program, and resuming the execution of said program if the received data being played back does not contain an

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instruction to end the execution of said program.

- 8. A data receiving apparatus according to claim 5, comprising a video game apparatus.
- 9. A data receiving apparatus according to claim 5, comprising a personal computer.
- 10. A data transmitting apparatus for transmitting data, wherein the transmitted data contains the ID of a particular recording medium.
- 11. A data transmitting apparatus according to claim
 10, wherein the transmitted data contains the name of a file
 in said particular recording medium and/or data identifying
 a recording area in said particular recording medium.

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